



Dr. Jason Brooks

Architect and catalyst of change,
growth, and success

Recognized as one of the most prominent emerging voices in personal and organizational transformation, Dr. Jason is also likely to be one of the most authentic, transparent and “real”. His life mission of changing lives and growing leaders provides the foundation and focus where his purpose and passion are fully unleashed.

With over 25 years' experience in senior leadership roles in multi-million and multi-billion dollar organizations in multiple industries (including consulting, healthcare, hospitality, distribution, manufacturing, non-profit and church ministry), he is an expert in leading personal and organizational transformation of all kinds. He is founder and CEO of The Catalyst Leadership Group, a leadership solutions firm focused on growing leaders from the “inside-out” and helping them to unleash their full potential to deliver high-impact results through their work and leave a legacy of success and significance in life.

As a bestselling author, speaker, entrepreneur and executive, leadership consultant, executive coach and co-host of the Step into Leadership Podcast, he brings a passion for helping leaders of all kinds achieve their greatest potential as they LIVE, LOVE, LEAD and LEAVE A LEGACY!

Dr. Jason lives just north of Nashville, Tennessee with his bride, Darla and three wonderful children, two sons and a daughter.

Focus Topics:

- Growing high-impact leaders from the inside-out
- Building high-performance strategic organizations
- The essential steps to RESET Your Life
- Living life with intention and focus
- Authentic leadership
- Living your purpose with passion

Credentials

Dr. Jason holds the following degrees

- Doctor of Philosophy in Psychology
- Master of Business Administration
- Master of Science in Human Services/Mental Health Counseling
- Bachelor of Science in Management

In addition, Dr. Jason has earned the following certification credentials

- Certified Executive Coach
- Board Certified Coach with specialty designations as an Executive coach, Leadership coach, Business coach, Corporate coach and Career coach
- Everything DiSC Authorized Partner
- National Certified Counselor
- Board Certified Christian Counselor
- Myers-Briggs Type Indicator certified
- Senior Professional in Human Resources
- SHRM-SCP

Connect with Dr. Jason

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